

HOUSE RESOLUTION NO. 183

Reps. Conlin and Rogers offered the following resolution:

1 A resolution to declare February 2024 as American Heart Month
2 and February 7, 2024, as National Wear Red Day in the state of
3 Michigan.

4 Whereas, Cardiovascular disease affects men, women, and
5 children of every age and race in the United States (U.S.); and

6 Whereas, Cardiovascular disease is the leading cause of death
7 in women, claiming more lives than all forms of cancer combined,
8 and yet only 44% of women recognize that cardiovascular disease is
9 their greatest health threat; and

10 Whereas, Among females 20 years and older, nearly 45% are
11 living with some form of cardiovascular disease and less than half
12 of women entering pregnancy in the United States have optimal

1 cardiovascular health; and

2 Whereas, Cardiovascular disease is the leading cause of
3 maternal death in the U.S., or more simply put, heart disease is
4 the No. 1 killer of new moms; and

5 Whereas, Women, especially Black and Hispanic women, are
6 disproportionately impacted by heart disease and stroke, and
7 research shows heart attacks are on the rise in younger women. Yet,
8 younger generations of women, also known as Gen Z and Millennials,
9 are less aware of their greatest health threat, including knowing
10 the warning signs of heart attacks and strokes; and

11 Whereas, Overall, 10% to 20% of women will have a health issue
12 during pregnancy, and high blood pressure, preeclampsia, and
13 gestational diabetes during pregnancy greatly increase a women's
14 risk for developing cardiovascular disease later in life; and

15 Whereas, Most cardiac and stroke events can be prevented
16 through education and lifestyle changes, such as moving more,
17 eating smart, and managing blood pressure; and

18 Whereas, In 2020, stroke caused the deaths of 90,627 females,
19 approximately 56.5% of total stroke deaths; and

20 Whereas, There are significant biological differences between
21 men and women, and clinical trials have not always adequately
22 enrolled women or analyzed sex-specific differences in the data. As
23 of 2020, only 38% of cardiovascular clinical research trial
24 participants were women; and

25 Whereas, Since 2004, the American Heart Association's Go Red
26 for Women movement has addressed the awareness and clinical care
27 gaps of women's greatest health threat, cardiovascular disease,
28 and, on the cusp of the American Heart Association's 100th
29 anniversary, continues to make bold moves to save lives and pioneer

1 scientific discoveries; and

2 Whereas, The American Heart Association celebrates February
3 2024 as American Heart Month by promoting cardiovascular education,
4 awareness, and by encouraging citizens to learn the warning signs
5 of a heart attack and stroke; now, therefore, be it

6 Resolved by the House of Representatives, That the members of
7 this legislative body declare February 2024 as American Heart Month
8 and February 7, 2024, as National Wear Red Day in the state of
9 Michigan.