

SENATE RESOLUTION NO. 7

Senators Johnson, Geiss, McMorrow, Moss, Santana and Theis offered the following resolution:

1 A resolution to recognize February 2023 as American Heart
2 Month and February 3, 2023, as "National Wear Red Day".

3 Whereas, Cardiovascular disease affects men, women, and
4 children of every age and race in the United States (U.S.); and

5 Whereas, From 2019-2020, deaths from heart disease increased
6 by 4.8 percent, the largest increase in heart disease deaths since
7 2012, while stroke deaths increased by 6 percent. Cardiovascular
8 disease continues to be the leading cause of death in the U.S.; and

9 Whereas, In 2015, cardiovascular disease accounted for \$555
10 billion in health care expenditures and lost productivity, and by
11 2035, cardiovascular disease will account for over \$1 trillion in

1 health care expenditures and lost productivity annually; and

2 Whereas, The global COVID-19 disease pandemic poses
3 significantly high risk to individuals with cardiovascular disease
4 and risk factors; and

5 Whereas, Individuals in the U.S. have made great progress in
6 reducing the death rate for cardiovascular disease, but this
7 progress has been more modest with respect to the death rate for
8 cardiovascular disease in women and minorities; and

9 Whereas, Cardiovascular diseases are the number one killer of
10 women in the U.S., killing more women than all forms of cancer
11 combined. Cardiovascular disease is also the leading cause of
12 maternal death in the U.S., or more simply put, heart disease is
13 the number one killer of new moms; and

14 Whereas, Women, especially Black and Hispanic women, are
15 disproportionately impacted by heart disease and stroke, and
16 research shows heart attacks are on the rise in younger women. Yet,
17 younger generations of women, also known as Gen Z and Millennials,
18 are less aware of their greatest health threat, including knowing
19 the warning signs of heart attacks and strokes; and

20 Whereas, Ninety percent of women have one or more risk factors
21 for developing heart disease or stroke; and

22 Whereas, Women are less likely to call 911 for themselves when
23 experiencing symptoms of a heart attack than if someone else were
24 having a heart attack; and

25 Whereas, The American Heart Association's Go Red for Women®
26 movement motivates women to learn their family history and to meet
27 with a health care provider to determine their risk for
28 cardiovascular disease and stroke; and

29 Whereas, Women involved with the Go Red for Women® movement

1 live healthier lives; and

2 Whereas, "National Wear Red Day" encourages women to take
3 control of their heart health by understanding and managing these
4 five numbers:

- 5 1. Total Cholesterol;
- 6 2. HDL (good) Cholesterol;
- 7 3. Blood Pressure;
- 8 4. Blood Sugar;
- 9 5. Body Mass Index (BMI); and

10 Whereas, The American Heart Association celebrates February
11 2023 as American Heart Month by promoting cardiovascular education,
12 awareness, and by encouraging citizens to learn the warning signs
13 of a heart attack and stroke; now, therefore, be it

14 Resolved by the Senate, That the members of this legislative
15 body recognize February 2023 as American Heart Month and February
16 3, 2023, as "National Wear Red Day"; and be it further

17 Resolved, That we recognize the importance of the ongoing
18 fight against cardiovascular disease by applauding the citizens
19 across the country who wear red on February 3, 2023 to show their
20 support for women's health; and be it further

21 Resolved, That by increasing awareness, speaking out about
22 heart disease, and empowering women to reduce their risk for
23 cardiovascular disease and stroke, we can save thousands of lives
24 each year.