HOUSE BILL NO. 4657

April 15, 2021, Introduced by Rep. Kahle and referred to the Committee on Health Policy.

A bill to amend 1956 PA 218, entitled "The insurance code of 1956,"

by amending section 3406s (MCL 500.3406s), as amended by 2016 PA 276.

THE PEOPLE OF THE STATE OF MICHIGAN ENACT:

- 1 Sec. 3406s. (1) Except as otherwise provided in this section,
- 2 an insurer that delivers, issues for delivery, or renews in this
- 3 state a health insurance policy shall provide coverage for the
- 4 diagnosis of autism spectrum disorders and treatment of autism

- 1 spectrum disorders. An insurer shall not do any of the following:
- 2 (a) Terminate coverage or refuse to deliver, execute, issue,
- 3 amend, adjust, or renew coverage solely because an individual is
- 4 diagnosed with, or has received treatment for, an autism spectrum
- 5 disorder.
- **6** (b) Limit the number of visits an insured or enrollee may use
- 7 for treatment of autism spectrum disorders covered under this
- 8 section.
- 9 (c) Deny or limit coverage under this section on the basis
- 10 that treatment is educational or habilitative in nature.
- 11 (d) Except as otherwise provided in this subdivision, subject
- 12 coverage under this section to dollar limits, copays, deductibles,
- 13 or coinsurance provisions that do not apply to physical illness
- 14 generally. An insurer may limit coverage under this section for
- 15 treatment of autism spectrum disorders to an insured or enrollee
- 16 through 18 years of age and may subject the coverage to a maximum
- 17 annual benefit as follows:
- 18 (i) For a covered insured or enrollee through 6 years of age,
- **19** \$50,000.00.
- 20 (ii) For a covered insured or enrollee from 7 years of age
- 21 through 12 years of age, \$40,000.00.
- 22 (iii) For a covered insured or enrollee from 13 years of age
- 23 through 18 years of age, \$30,000.00.
- 24 (2) This section does not limit benefits that are otherwise
- 25 available to an insured or enrollee under a policy, contract, or
- 26 certificate. An insurer shall utilize evidence-based care and
- 27 managed care cost-containment practices pursuant to the insurer's
- 28 procedures if the care and practices are consistent with this
- 29 section. An insurer may subject coverage under this section to

- 1 other general exclusions and limitations of the policy, contract,
- 2 or certificate, including, but not limited to, coordination of
- 3 benefits, affiliated provider requirements, restrictions on
- 4 services provided by family or household members, utilization
- 5 review of health care services including review of medical
- 6 necessity, case management, and other managed care provisions.
- 7 (3) If an insured or enrollee is receiving treatment for an
 8 autism spectrum disorder, an insurer may, as a condition to
 9 providing the coverage under this section, do all of the following:
- 10 (a) Require a review of the treatment consistent with current 11 protocols and may require a treatment plan. If requested by the 12 insurer, the cost of treatment review must be borne by the insurer.
- 13 (b) Request the results of the autism diagnostic observation
 14 schedule that has been used in the diagnosis of an autism spectrum
 15 disorder for the insured or enrollee.
- (c) Request that the autism diagnostic observation schedule be performed on the insured or enrollee not more frequently than once every 3 years.
- (d) Request that an annual development evaluation be conducted
 and the results of the annual development evaluation be submitted
 to the insurer.

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(4) A qualified health plan offered through an American health benefit exchange established in this state pursuant to the federal act is not required to provide coverage under this section to the extent that it exceeds coverage that is included in the essential health benefits as required pursuant to the federal act. As used in this subsection, "federal act" means the patient protection and affordable care act, Public Law 111-148, as amended by the health care and education reconciliation act of 2010, Public Law 111-152,

- 1 and any regulations promulgated under those acts.
- 2 (5) This section does not apply to a short-term or 1-time3 limited duration policy or certificate of no longer than 6 months
- 4 as described in section 2213b.
- **5** (6) This section does not require the coverage of prescription
- 6 drugs and related services unless the insured or enrollee is
- 7 covered by a prescription drug plan. This section does not require
- 8 an insurer to provide coverage for autism spectrum disorders to an
- 9 insured or enrollee under more than 1 of its health insurance
- 10 policies. If an insured or enrollee has more than 1 health
- 11 insurance policy that covers autism spectrum disorders, the
- 12 benefits provided are subject to the limits of this section when
- 13 coordinating benefits.
- 14 (7) As used in this section:
- 15 (a) "Applied behavior analysis" means the design,
- 16 implementation, and evaluation of environmental modifications,
- 17 using behavioral stimuli and consequences, to produce significant
- 18 improvement in human behavior, including the use of direct
- 19 observation, measurement, and functional analysis of the
- 20 relationship between environment and behavior.
- 21 (b) "Autism diagnostic observation schedule" means the
- 22 protocol available through Western Psychological Services for
- 23 diagnosing and assessing autism spectrum disorders or any other
- 24 standardized diagnostic measure for autism spectrum disorders that
- 25 is approved by the director, if the director determines that the
- 26 diagnostic measure is recognized by the health care industry and is
- 27 an evidence-based diagnostic tool.
- 28 (c) "Autism spectrum disorders" means any of the following
- 29 pervasive developmental disorders as defined by the Diagnostic and

Statistical Manual:

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- 2 (i) Autistic disorder.
- 3 (ii) Asperger's disorder.
- 4 (iii) Pervasive developmental disorder not otherwise specified.
- 5 (d) "Behavioral health treatment" means evidence-based
- 6 counseling and treatment programs, including applied behavior
- 7 analysis, that meet both of the following requirements:
- $oldsymbol{8}$ (i) Are necessary to develop, maintain, or restore, to the
- 9 maximum extent practicable, the functioning of an individual.
- 10 (ii) Are provided or supervised by a board certified behavior
- 11 analyst or a licensed psychologist if the services performed are
- 12 commensurate with the psychologist's formal university training and
- 13 supervised experience.
- 14 (e) "Diagnosis of autism spectrum disorders" means
- 15 assessments, evaluations, or tests, including the autism diagnostic
- 16 observation schedule, performed by a licensed physician or a
- 17 licensed psychologist to diagnose whether an individual has 1 of
- 18 the autism spectrum disorders.
- 19 (f) "Diagnostic and Statistical Manual" means the Diagnostic
- 20 and Statistical Manual of Mental Disorders published by the
- 21 American Psychiatric Association or another manual that contains
- 22 common language and standard criteria for the classification of
- 23 mental disorders and that is approved by the director, if the
- 24 director determines that the manual is recognized by the health
- 25 care industry and the classification of mental disorders is at
- 26 least as comprehensive as the manual published by the American
- 27 Psychiatric Association on April 18, 2012.
- 28 (g) "Parent implemented model of intervention" means an
- 29 evidence-based model in which parents directly use individualized

- 1 intervention practices with their children to increase positive
- 2 learning opportunities and the acquisition of important skills, and
- 3 in which parents learn to implement these practices in their home
- 4 or community, or both, through a structured parent training
- 5 program. A supervising health professional must regularly review
- 6 and consider whether the model is being appropriately applied,
- 7 whether it is effective, and whether it continues to be medically
- 8 necessary. The review and consideration under this subdivision must
- 9 be done in person or by use of 2-way real-time audiovisual
- 10 technology.
- (h) (g) "Pharmacy care" means medications prescribed by a
- 12 licensed physician and related services performed by a licensed
- 13 pharmacist and any health-related services considered medically
- 14 necessary to determine the need or effectiveness of the
- 15 medications.
- 16 (i) (h) "Psychiatric care" means evidence-based direct or
- 17 consultative services provided by a psychiatrist licensed in the
- 18 state in which the psychiatrist practices.
- 19 (j) (i) "Psychological care" means evidence-based direct or
- 20 consultative services provided by a psychologist licensed in the
- 21 state in which the psychologist practices.
- 22 (k) (i) "Therapeutic care" means evidence-based services
- 23 provided by a licensed or certified speech therapist, occupational
- 24 therapist, physical therapist, or social worker.
- 25 (l) (k)—"Treatment of autism spectrum disorders" means
- 26 evidence-based treatment that includes the following care
- 27 prescribed or ordered for an individual diagnosed with 1 of the
- 28 autism spectrum disorders by a licensed physician or a licensed
- 29 psychologist who determines the care to be medically necessary:

- 1 (i) Behavioral health treatment.
- 2 (ii) Pharmacy care.
- 3 (iii) Psychiatric care.
- 4 (iv) Psychological care.
- 5 (v) Therapeutic care.
- 6 (vi) Parent implemented model of intervention.
- 7 (m) (l) "Treatment plan" means a written, comprehensive, and
- 8 individualized intervention plan that incorporates specific
- 9 treatment goals and objectives and that is developed by a board
- 10 certified or licensed provider who has the appropriate credentials
- 11 and who is operating within his or her scope of practice, when the
- 12 treatment of an autism spectrum disorder is first prescribed or
- 13 ordered by a licensed physician or licensed psychologist as
- 14 described in subdivision $\frac{(k) \cdot (l)}{(l)}$.